





Empowering your Spiritual Journey

The Empowerment Program

Here  Now  This moment

Empowering Essays

The Game 3

Think of a person, circumstance, or upset and then click on a picture



[On Gratitude](#)



[Mr. Wizard](#)



[On Fear](#)



[On Faith](#)



[On Beliefs](#)



[On Shifting](#)



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[On Certainty](#)



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[Catching Myself](#)

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