



# Empowering your Spiritual Journey



Join the founder of the Empowerment Program and the Producer of [The Game](#) for a 29 minute break into the peaceful alertness of the present. Author Richard Alan, 39 years Advanced Consciousness Research

*Learn how to take a break  
from the noise of your past and  
the anxiety of your imaged future*

Learn how to get Present  
A free 29 minute Tele-Seminar

Everyone is Welcome

Every Tuesday, promptly, at 4 pm and at 7pm

Pacific Time :San Diego Time: [World Clock](#)

Tele-seminar Conference Call Number: (309) 946 5300; Pin Number: 276083 #

6 month ending October 7, 2008